

**UPPER VALLEY
CHIROPRACTIC, PLLC**
A Family Health & Wellness Center



Vital Health
Plus

Natural
Bath and Body Products



Susan Reade

Certified
Health and Nutrition Counselor



Tonimarie, LMT
603-491-4746
103 Hanover Street, Ste 14
Lebanon, NH 03766
www.bearintent.com

Rooted Health Acupuncture



Yoga Piphany
Yoga & Fitness Studio



Epiphany
Natural Health

FITNESS

Everybody Pilates

FREE NATURAL HEALTH EXPO

SAT 12-1-12

12 - 3 PM

Explore your options to Better Health Naturally
Achieve MORE Than You Ever Thought Possible!

Meet the professionals that can help you with:

Natural Healthcare for Families, Kids, Athletes, Pregnancy, Infants, Autism

Massage Therapy, Chair Massage

Group Yoga, Pilates and Fitness Classes, Private Sessions

Wellness Products

Weight Loss and Semi-Personal Training

Reiki, Nutrition and Health Coaching, and MORE!!!

Door Prizes. Food. Products. Samples. Demo's

103 Hanover St.

Lebanon, NH 03766

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